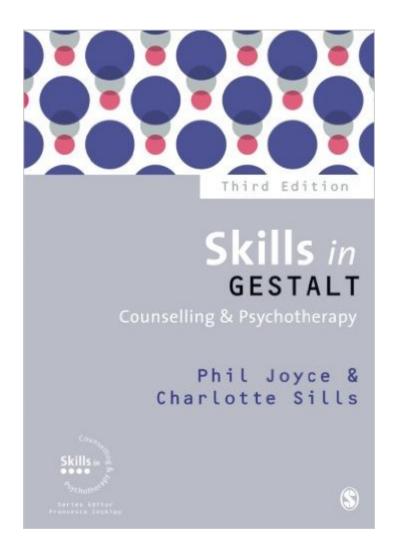
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Skills In Gestalt Counselling & Psychotherapy (Skills In Counselling & Psychotherapy Series)





Synopsis

Book Information

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Customer Reviews

Great book for first time 'Gestalters.' Goes all the way from setting up your office to examples of sessions and real life self examination exercises. A little short on detailed theory, but an excellent referred reading list. It's a good book for all levels of Gestalt practice. Can be used by beginners as a great primer for beginning the wonderful world of Gestalt therapy. Seasoned practitioners get a look at the changes in definitions and trends in the field. Long time 'Gestalters' may find it a little light and not 'pure' as many other styles are integrated in the therapy process.

Clear, concise explanations on a wide range of topics. Very readable and accessible to trainees.

2013 edition very up to date. Great references for further reading. I would recommend it to all Gestalt training organizations.

An excellent resource! I highly recommend it.

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